

Cultural Information – Ilex (EYE-leks)

Light:	Full or partial sun; a southern, eastern, or western exposure.
Temperature:	Maintain indoor temperatures above 60°. for maximum growth. However, they will tolerate lower temperatures down to the 30's without harm as long as it is not sustained.
Humidity:	Preferably above 50%; however, they can tolerate lower levels without any difficulty.
Watering:	Bring the soil to visual dryness between waterings and then thoroughly saturate.
Fertilizer:	Moderate feeders. Apply a balanced fertilizer like a 15-15-15 or a 7-9-5 weekly or biweekly from spring to fall.
Pruning:	When plants are young, pinching the tips of the expanding growth will help create a dense specimen and increase leaf volume. They do tend to have an outreaching growth habit which pruning and pinching controls. From these cuts the foliage can be used for tea.
Insects and Disease:	We see few if any problems with insects or diseases. Scale and mealy bugs can attack plants if exposed to other infected plants.
Comments	Ilex paraguariensis is an easy plant to culture. From small propagations it takes a couple of years before leaves can be harvested in large numbers. Growing in full sun and keeping temperatures for the most part above 60 degrees will increase leaf production.